

About The Course

This 4-hour online course is designed to challenge and enhance the participants ability to manage individuals with foot and ankle dysfunction. By the end of this course, participants should understand specific biomechanics related to supination and pronation of the foot and ankle.

The Goal

The goal of this course is to challenge traditional methods for the treatment of foot and ankle dysfunction and to provide a new lens for therapists to both view and treat foot and ankle dysfunction.

What You Will Learn

Participants will learn to assess and treat dysfunction at the foot and ankle in functional positions specific to everyone's needs. Participants will learn innovative manual therapy techniques performed in functional positions and exercises specific to the individual in front of them.

This course goes beyond traditional table-based techniques and will have a heavy lab component for practical application of functional based assessment and treatment techniques. All functional movements, assessments and treatments taught in the course will be firmly grounded in knowledge of biomechanics.

If you are looking to challenge your current clinical practice and are excited to develop new ideas and techniques that are truly specific to the individual in front of you – this course is for you!

Prerequisites

Foundations of Movement Based Biomechanics.